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In 1968, nine sailors set off on the most daring race ever held: to single-handedly circumnavigate the globe nonstop. It was a feat that had never been accomplished and one that would forever change the face of sailing. Ten months later, only one of the nine men would cross the finish line and earn fame, wealth, and glory. For the others, the reward was madness, failure, and death. In this extraordinary book, Peter Nichols chronicles a contest of the individual against the sea, waged at a time before cell phones, satellite dishes, and electronic positioning systems. *A Voyage for Madmen* is a tale of sailors driven by their own dreams and demons, of horrific storms in the Southern Ocean, and of those riveting moments when a split-second decision means the difference between life and death. Is your boat ready to go cruising? Just about every sailboat—used and new—can make a good cruiser, but only if the hull-deck structure, rig, and systems meet certain standards. *Spurr's Guide to Upgrading Your Cruising Sailboat* tells you what those standards are, and gives you all the help you need to refurbish and upgrade every structure, surface, fitting, and system on your boat—stem to stern, project by project. This all-in-one guide leads you step by step to a seaworthy, crew-friendly boat with top-notch cruising performance. Not only will you learn what to look for when you buy a new or used boat, you'll also learn how to reinforce your boat's hull and structural components, redesign and replace rigging, upgrade electrical systems, and much more. Special features include: A detailed

survey of 70 used and new fiberglass sailboats best suited to offshore sailing Gear and equipment recommendations by brand name Construction details and other essential features of a strong, safe cruising boat How to make critical repairs to the deck, hull, bulkheads, blisters, and portlights A New York City family's remarkable story of how they gave up their urban life, packed up their family of seven--the youngest, a six-year-old with Down syndrome--and braved the difficult conditions of the Atlantic Ocean as they sailed more than 2,500 miles from New York to and around the Caribbean. They thought of all the reasons why risking everything for a year at sea was a bad idea: They could go broke, get injured, be stranded at sea--maybe even die. More than likely, the only thing they would accomplish would be to embarrass themselves. Besides, only rich people sailed the world, right? Not a NYC theater family with five kids who would serve as the ship's entire crew. After all the deliberations, one thing was clear: their children would either be an excuse or a reason. They chose to set sail. Their journey proved to be a life-changing experience as they grew closer as a family and explored the world in a new way. They traveled to twenty-three islands, spanning eleven countries and territories, and got a hands-on global education while meeting new people and appreciating a variety of cultures. They experienced the beauty and fragility of the earth as well as the vastness and power of the sea. Working together as a family and a sailboat crew meant learning how to tackle hard challenges together, helping each other improve their skills, and exercising patience when difficult conditions emerged. *Seven at Sea* tells the story of a family learning to live together, simply and in harmony with the natural world. In doing so, they learned that giving up control can sometimes lead to amazing adventures. More importantly, they discovered how little they actually needed to be abundantly happy. "Vigor is one of the finest boating writers of our time."--*Cruising World* "You name it, it's in here. Covers every boating situation. This book is both informative and entertaining."--*Latitudes &*

Attitudes “John Vigor is the answer guy if you’re having onboard arguments about nautical terminology or the science of sailing in general, and his new book lives up to the promise in its title.”--
Good Old Boat Whether it’s boat maintenance, navigation, boat handling in all kinds of weather, or the physics of how boats function, every sailor and powerboater needs a comprehensive go-to source for specialized information. Now you have it with The Practical Encyclopedia of Boating: Addresses virtually every aspect of powerboating and sailing in 500 entries Covers seamanship and boat handling, navigation, routine boat maintenance, boat design and building, and nautical reference data Ranges from vital techniques--such as recovering overboard crew and measuring distances off--to essential concepts like reading the water and sky and evaluating a boat’s seaworthiness Includes numerous cross-references and an exhaustive index to direct you quickly to the right entry and to unify related topics Makes delightful browsing as well as a source of sound guidance for practically any boating situation Sailing Ten Years and 20,000 Miles In Search of Surf and Self My 7th book of poetry The learn-to-sail book for when you are in a hurry to gain your sea legs At the Offshore Sailing School, the Colgates have taught more than 100,000 adults how to sail. Now they are making their proven instructional methods available to you so you can fulfill your sailing dreams in little time. Though designed around three days of intensive instruction, the book adapts easily to any learning pace. You can master the fundamentals in three days--or over a summer of leisurely sailing. Thirty-four historic sailing ships rendered for coloring. From Phoenician war galley to clipper Cutty Sark, full-page drawings. Captions. The essential reference for anyone contemplating sailing the Atlantic. It offers invaluable advice on all the issues involved, including ideal timing, routes, suitable boats, on board power, methods of communication, provisioning, health, weather, departure and arrival ports, facilities, likely costs, and dangers. Australia's bestselling maritime historian on the story of the

Captain Cook Captain James Cook is one of the greatest maritime explorers of all time. Written with colour, sweep and the authority of Robert Mundle's five decades as a competitive sailor, maritime journalist and broadcaster, this extensively researched new biography of Cook will put you on the quarterdeck with the great navigator as he painstakingly guides his ship through dangerous, reef-strewn waters. You will also be alongside the captain when his ship is a wave-width away from annihilation; and at the helm, when he calls for the anchor to be weighed and his men to heave hard on the lines, and at the start of an exciting new voyage. The moment you think you see where Sailing Away is going to take you, I promise: you don't. These deft, sometimes daft, consistently darksome stories are as impossible to outguess and bewilderingly interesting to ride as the postmodern Pacific that inspires them. --David James Duncan

About the Author(s) Richard Morgan's short stories have appeared in numerous literary publications and have won him a number of distinctions, including the Kay Snow prize for fiction and a National Endowment for the Arts Creative Writing Fellowship. He also regularly contributes nonfiction articles to martial arts magazines and is currently at work on a book about the martial arts. He lives in Portland, Oregon, with his wife and daughter. A chance sailing trip with a friend from work led me to wonder if I could learn to sail. After all, I'm a woman, and the sailing world seems to favor men. I am not athletic; I didn't grow up in a family where we learned about boating; I would be starting late, since I was in my thirties; and I suffer from seasickness. What I discovered over the next twenty-five years is that I could indeed learn to be a competent sailor. But I didn't expect to be an expert overnight. Instead, as a novice, I layered on new knowledge slowly, over time, through experiential learning. This book describes the process whereby this happened. Using examples from trips along the coast of Maine, New Hampshire, and Massachusetts, it reviews the essential knowledge needed to be a sailor as well as explanations about the parts of a sailboat, major

boat systems, and tasks associated with maintaining a sailboat. It also discusses some Zen-like attitudes that lead to successful and fun sailing, such as focusing, the no-blame rule, and stripping down to the essentials. Unlike some other sailing guides, this book points out that sailing can be a lifestyle that includes many dimensions. It's not just about getting a boat to sail. Traveling by boat is a unique experience, and visiting small coastal New England communities is an adventure. Learning about history, art, ecology, star constellations, technology, and birds are only a few of the kinds of activities that can be built into a rich and rewarding sailing experience. This book will be helpful for people who would like to learn to sail but who are intimidated by the process, particularly women, fledgling sailors just starting out, and families with children. Between France and New France is an absorbing look at life aboard the sailing vessels which plied the North Atlantic during the French colonial era in North America. Focusing on the first half of the eighteenth century and the Seven Years' War period, this book analyses four major aspects of the crossing: maritime traffic and the outfit of vessels; the Atlantic course and navigation; the people and their occupations; and life aboard the ship. Together they present a fascinating view of sea life. Gilles Proulx has used official correspondence between the Minister of marine and the Canadian colonial authorities, and the papers seized on boarded vessels, as well as over one hundred log-books and personal diaries, to obtain a wealth of detail about the rigours of the colonial shipboard experience. In addition, many photographs, both colour and black and white, have been included to illustrate this exciting period in Canadian history. "The definitive book." -Cruising World "Every culture has its bible, and until now, there wasn't one for the voyager with a passion for catching fish." --Ocean Navigator Here is the first-ever complete guide to finding, catching, processing, and cooking fish from the decks of a slow-moving cruising sail- or powerboat. Scott and Wendy Bannerot have successfully cruise-fished tropical and

temperate seas for more than two decades. About our Book Living the Dream is the true-life adventure story of our seven-year cruise from Newport, Oregon, to Phuket, Thailand in the 35-foot steel-hulled sailboat, Tainui. This book gives a true picture of what it's really like for a retired couple to live their dream of full time cruising to far away places: the highs of beautiful sailing days, snorkeling off pristine coral, anchoring in tropical lagoons, exotic cultural experiences, and the fellowship of the cruising community--but also fear in storms, the exhaustion of sleepless night watches, discouragement of endless boat maintenance, and a rusting through of Tainui's hull. Although we wrote Living the Dream for a general audience, serious sailors will find a wealth of helpful cruising information and steel boat owners will profit from our significant learning experiences in our maintenance of Tainui's steel hull.

About us We began our lives far apart--Connie in parts of California that were far from the sea and with no aspirations to cross oceans and Vern in the busy seaport city of Seattle dreaming of sailing away some day. We eventually met at the University of Washington, married, started our family and careers--Vern as a social worker and Connie as a teacher. It was our four years of living with our family in Malaysia while Vern was on the staff of the Peace Corps there that sparked our desire to one day be full time world travelers. Order a personalized autographed copy of our book directly from us by e-mailing us at vkmadison@comcast.net. We will send you an order form. (\$16.50 plus actual shipping cost). Or order your copy from Author House by clicking the "buy now" button. Everyone dreams of tropical escape. But what happens when you escape for too long? Imagine spending 24 hours a day with your spouse in 31 not-so-square feet . . . for years; crossing the Pacific Ocean on two gallons of fuel; and tossing spaghetti marinara around your living room, then cleaning it up while bouncing like ice in a martini shaker. Tightwads on the Loose tells the story of Wendy and Garth, lured to sea by the promise of adventure. They buy a 31-foot boat that fits their budget better

than it fits Garth's large frame and set sail for an open-ended voyage, never imagining they'd be gone seven years, or cover 34,000 miles at the pace of a fast walk. They live without most "necessities" and learn that teamwork and a sense of humor matter most as they face endless "character-building opportunities." They make a long-anticipated visit to the island where Garth had been shipwrecked as a teenager, only to find it had become a penal colony. An electronic catastrophe in the Solomon Islands leaves them without navigation equipment, which forces them to trade their free-wheeling lifestyle for one that seems straight out of a '60s sitcom: jobs at a U.S. Army base in the Marshall Islands. In Asia, they dodge typhoons and ships that threaten to turn their home into kindling. Finally they endure a grueling 49-day nonstop ocean crossing. None of this prepares them for their arrival "home" to a post-9/11 America which leaves them wondering what had changed more, them or the world. Tightwads on the Loose offers a fun read to the armchair adventurer -- or anyone afflicted with wanderlust. A page-turning collection of the best sailing yarns, from Sir Ernest Shackleton and Joshua Slocum to William F. Buckley and Samuel Eliot Morrison. From the bestselling author of GIRL IN HYACINTH BLUE, "A vivid exploration of one of the most beloved Renoir paintings in the world, done with a flourish worthy of Renoir himself" (USA Today) With her richly textured novels, Susan Vreeland has offered pioneering portraits of artists' lives. As she did in Girl in Hyacinth Blue, Vreeland focuses on a single painting, Auguste Renoir's instantly recognizable masterpiece, which depicts a gathering of Renoir's real friends enjoying a summer Sunday on a café terrace along the Seine. Narrated by Renoir and seven of the models, the novel illuminates the gusto, hedonism, and art of the era. With a gorgeous palette of vibrant, captivating characters, Vreeland paints their lives, loves, losses, and triumphs so vividly that "the painting literally comes alive" (The Boston Globe). When Mollie McGhie attends a Christmas party aboard the Mistletoe, she was planning on sipping eggnog, decorating a nautically

themed tree, and opening presents. But when someone is killed on board the boat and Santa Claus is arrested, Mollie is thrust into the middle of a murder investigation. Can Mollie discover whodunit before someone else ends up dead? Murder Aboard the Mistletoe is the seventh book in the hilarious Mollie McGhie cozy sailing mystery series. If you like kooky characters, adorable cats, and plenty of chocolate, you'll love this cozy mystery. Grab Murder Aboard the Mistletoe today and laugh out loud from the first page to the last. The Mollie McGhie Cozy Sailing Mysteries Prequel - Robbery at the Roller Derby Book #1 - Murder at the Marina Book #2 - Bodies in the Boatyard Book #3 - Poisoned by the Pier Book #3.5 - Buried by the Beach Book #4 - Dead in the Dinghy Book #5 - Shooting by the Sea Book #6 - Overboard on the Ocean Book #7 - Murder Aboard the Mistletoe Cruise the West Country and discover its delights with this perfect onboard companion. First published in 1988 as West Country Cruising, Mark Fishwick's definitive sailing guide for the ever attractive coastline of Dorset, Devon, Cornwall and the Isles of Scilly combines a skilful blend of pilotage and cruising information, enhanced with full colour photography, including many additional aerial views, and a wealth of absorbing local history and general interest. More than one satisfied reader has aptly described the book as "the perfect on-board companion", now reflected in this much-enlarged seventh edition. For those who plan to head west, this book is more than essential reading - it will enhance your own enjoyment and prove to be a worthy and much used addition to the ship's library. "One of the best pilots I have ever come across" "My thanks for such an excellent pilot and guide." Passages - tides, weather, hazards, shipping, coastal detail, planning, tactics and waypoints Pilotage - in depth appraisal of approaches, harbours and anchorages from Bridport to Padstow including the Isles of Scilly. Buoyage, lights, hazards, tides, local regulations, VHF channels, waypoints and invaluable local knowledge. Colour, easy to read charts Port Guides - mooring and berthing facilities, marinas, charges,

fuel, provisions, showers, launderettes, chandlers, repairs, eating and drinking ashore and a host of other things from museums and onshore attractions to invigorating walks, local events, shops open on Sundays and even cash points too! The new edition will include fully updated information on all changes to navigation, contact details and the new layouts of Falmouth and Newlyn. Fascinated by Antarctica? This book is for you. Thinking of visiting Antarctica? This book is doubly for you. Fancy doing an expedition cruise here? This travel guide is especially for you. A trip to the seventh, white continent is the ultimate adventure for the intrepid traveller and the vast majority of visitors come here on an expedition cruise. This is the first travel guide to show what it's really like to take part in this type of voyage and Jo Kessel delivers a gripping, day-by-day account of her own experience. Illustrated with personal photos it explores the highs (including the waves on the infamous Drake Passage) and the lows - from penguins, to whales, to icebergs to glaciers as well as the hiking, kayaking, polar plunging and camping which are integral features of an expedition cruise. Are you too old? Not fit enough? Is it too cold? What to wear? Jo Kessel has advice for every eventuality, offering insider TOP TIPS at the end of each chapter. Jo Kessel is a British novelist, journalist and travel writer for the Daily Mail, Mail on Sunday, Sunday Times and Daily Telegraph. She also has her own YouTube travel channel: Go with Jo. Part travelogue, part photo-journal, this expedition cruise travel guide to Antarctica was inspired by the diary of early polar explorer Sir Ernest Shackleton. It's a witty, reflective chronicle which also touches upon more serious issues like Antarctic conservation, plastics pollution and climate change. This book is a must-read not only for anyone wanting to know how best to enjoy a holiday on this unique continent, but also for those keen to learn more about this icy wilderness and help preserve it for future generations. One thing's for sure: Antarctica is like nowhere else on Earth. From a racing master, all the knowledge you need to make your boat go faster and safer

in any condition In Performance Sailing and Racing, Steve Colgate explains how to improve your sailing and push your boat to higher but safer speeds. He shows you how get your boat to perform as it was designed--with grace and an ease of motion--and to sail at a fast speed that can get you out of situations more quickly and arrive at your destination sooner. Used as one of the text books at the many branches of the Colgate Sailing School, Performance Sailing and Racing will help you get started in racing and improve as you learn. Even veteran sailors will pick up some new tips and tricks to becoming a successful racer. End-of-chapter quizzes reinforce what you learn so you can use your knowledge confidently on the water. Sail faster and smarter: Get the picture with clear, colorful photos and graphics Master vital topics relating to boat speed--sail trim, sheet lead angles, steering differences in light and heavy air Learn even those daunting topics, including using a spinnaker and understanding polar diagrams With this master teacher's wisdom on all the factors that make your boat sail better, you'll win the next race or just blow past the other boats in the outer harbor. Legendary sailor Captain J. C. Voss meets a mysterious man in his hotel in Victoria, British Columbia in 1897. The mystery man says he knows where tons of gold and jewels are buried on the remote Cocos Island. Voss takes a 35-foot sailing sloop seven thousand miles through gales in search of the pirate Treasure of Lima worth seven million pounds sterling in 1897 or over \$200 million today. *This is an edited, abridged, and annotated version of the first section of the Venturesome Voyages of Captain Voss concerning the voyage of the XORA sloop. This is the only part of that work focused on treasure hunting.*In the 2018 edition, the text is extensively edited as the first edition from 1913 had many run-on sentences and poor subject and verb agreement.*A biography of the great mariner Captain J.C. Voss is written by the editor.*Frequent footnotes and an editor's note put the text in historic context.*This is an abridged version of the VENTURESOME VOYAGES OF CAPTAIN VOSS. This abridged version focuses

exclusively on the cruise of the sailboat XORA and treasure hunting aboard it. Most of the VENTURESOME VOYAGES OF CAPTAIN VOSS is about the voyage of the sailing canoe named TILIKUM. Below are some selections from the book: "My seafaring life commenced in the year 1877, when I was quite a young man. Up to the time that I sailed in the Xora, it was spent in large sailing vessels. During this period, I have filled all sorts of positions from deck boy up to master. Throughout all those years, I would certainly not have believed that a vessel so small as the Xora could live through a heavy gale at sea. Naturally enough, I should not have thought of attempting a long sea voyage in any small craft if it not been for a gentleman, whose name was George Haffner, an American citizen. In the summer of 1897, when I was sitting comfortably in an easy chair in the Queen's Hotel, Victoria, British Columbia, a gentleman stepped up to me, saying, "Are you Captain Voss?" I replied in the affirmative. He then introduced himself as Mr. Haffner, handing me at the same time a letter, saying that it was from an old friend of mine, whose death had taken place at sea just fourteen days previously, and with whom he had stayed during his last moments." "...The bearer of this note is Mr. George Haffner, who knows the position where the great treasure lies on Cocos Island. Believe in him, and he will make you a rich man. Excuse my short note, because I am very weak. Kindly remember me to all my old friends and believe me. Your dying friend, JIM DEMPSTER" Captain Voss is one of the early pioneers of long-distance sailboat cruising. He is the first major author in the genre of the sailing narrative to write about his travels under sail after Captain Joshua Slocum. He is more famous for his 40,000-mile voyage in a sailing canoe named TILIKUM, but this treasure hunting adventure under sail is a book that will delight all readers. Oxriver Publishing produces titles of interest to sailboat cruising enthusiasts. This is an annotated and modernized version of Captain Voss' classic account in the VENTURESOME VOYAGES OF CAPTAIN VOSS, which

includes an editor's note and biography of John C. Voss by Dr. Linus Wilson. The editor is the creator of the Slow Boat Sailing YouTube Channel and Podcast as well as the author of several sailing books. Robotic Sailing 2017. This book contains the peer-reviewed papers presented at the 10th International Robotic Sailing Conference which was organized in conjunction with the 10th World Robotic Sailing Championship held in Horten, Norway the 4th-9th of September 2017. The seven papers cover topics of interest for autonomous robotic sailing which represents some of the most challenging research and development areas. The book is divided into two parts. The first part contains papers which focus on the design of sails and software for the assessment and prediction of sailboat performance as well as software platforms and middleware for sailboat competition and research. The second part includes algorithms and strategies for navigation and collision avoidance on local, mid- and long range. The differences in approach in the included papers show that robotic sailing is still an emerging cross-disciplinary science. The multitude of suggestions to the specific problems of prediction and simulation of sailboats as well as the challenges of route planning, anti-grounding and collision avoidance are good indicators of science in its infancy. Hence, we may expect the future to hold great advances for robotic sailing. The best sailing yarns, from Sir Ernest Shackleton and Joshua Slocum to William F. Buckley. "An anthology of original reflections on Henry David Thoreau's life and work"-- "A treasure-trove of useful, well-organized information on sea-going parenting." —Gary "Cap'n Fatty" Goodlander, Author of Buy, Outfit and Sail Choosing a boat that is right for your family; handling the naysayers; keeping your children safe, healthy and entertained afloat—this inspirational and comprehensive guide may be just what you need to turn your dream into a reality. The three authors, who have each voyaged thousands of miles with children on board, provide a factual and balanced look at the realities of family life on the sea. From their own experience and with information

from interviews with dozens of other voyaging parents, they discuss caring for an infant on board, handling the changing needs of children as they grow, education options, ensuring parents find the private time to keep their relationships in tune, and helping children make the eventual transition back to shore life. Added to the authors' voices are sidebars from other cruising parents with specialized information on subjects as diverse as handling special diets and how your children can keep in touch with friends around the world. A unique bonus chapter, written by a dozen former cruising kids, looks at the long-term effects of breaking away from shoreside normalcy. A substantial appendix of resources provides valuable further information on the subjects covered in this book. It is said that every parent inflicts their lifestyle choices on their children. Read this book to find why heading out to sea with your children may be the most rewarding infliction of all. The tall ship Sofia sank off New Zealand's North Island in February 1982, stranding its crew on disabled life rafts for five days. They struggled to survive as any realistic hope of rescue dwindled. Just a few years earlier, Pamela Sisman Bitterman was a naïve swabbie looking for adventure, signing on with a sailing co-operative taking this sixty-year-old, 123-foot, three-masted gaff-topsail schooner around the globe. The aged Baltic trader had been rescued from a wooden boat graveyard in Sweden and reincarnated as a floating commune in the 1960s. By the time Sofia went down, Bitterman had become an able seaman, promoted first to bos'un and then acting first mate, immersing herself in this life of a tall ship sailor, world traveler, and survivor. "Maia D'Apli©-se and her five sisters gather together at their childhood home, 'Atlantis'--a fabulous, secluded castle situated on the shores of Lake Geneva--having been told that their beloved father, who adopted them all as babies, has died. Each of them is handed a tantalizing clue to her true heritage--a clue which takes Maia across the world to a crumbling mansion in Rio de Janeiro, Brazil. Once there, she begins to put together the pieces of her story and its

beginnings"-- Award-winning novelist Ursula K. Le Guin has turned a successful workshop into a self-guided voyage of discovery for a writer working alone, a writing group or a class. For 50 years *Heavy Weather Sailing* has been regarded as the ultimate international authority on surviving storms at sea aboard sailing and motor vessels. The first edition was compiled by Kaines Adlard Coles himself in 1967. Since then technology may have improved, but the weather certainly hasn't. This is the seventh updated edition, edited by racing yachtsman Peter Bruce, ensuring that in its 50th year the book remains as relevant and as essential as it has been for the previous five decades. The book brings together a wealth of expert advice from many of the great sailors of the present, including fresh accounts of yachts overtaken by extreme weather, from Ewan Southby-Tailyour, Alex Whitworth and Dag Pike to Larry and Lin Pardey, Matt Sheahan and Andrew Claughton. It also includes a new Foreword by Sir Robin Knox-Johnston, Britain's most high profile yachtsman of the past 50 years. The expert advice section has been updated in line with current thinking, and there has been a major update to the chapter focusing on the use of storm sails as well as to the use of drag devices. The technique of taking refuge has been reviewed and updated, and the chapters dealing with preparations for heavy weather and its effect on yacht design have been overhauled. These revisions ensure that *Heavy Weather Sailing* is as relevant, useful and instructive for today's sailor venturing offshore as it ever was - perhaps more so in the light of tragic disasters like the loss of the *Cheeky Raffiki* mid-Atlantic on a delivery trip after her season racing in the Caribbean. This is the definitive book for crews of any size contemplating voyages out of sight of land anywhere in the world, whether racing or cruising. It gives a clear message regarding the preparations required, and the tactics to consider when it comes on to blow. "A great starting point for the woman who wants to live the cruising life."--*SAIL* The cruising life offers adventure, exotic destinations, and expansive opportunities for personal growth. But

considering such a life leads to vexing questions: What do I need to learn? What do I do if my partner falls overboard? How will our relationship be tested at sea? Let longtime cruiser and circumnavigator Diana Jessie start you on the journey of a lifetime with her advice on short-term cruising or long-term voyaging. She addresses the concerns of women cruisers, including: Cruising roles and relationships What life at sea is really like Children on board How to make the boat your home as well as his Identifying the dangers and putting them into perspective . . . and more Plan for smooth cruising with advice from Sally Bee Brown, a contributing editor to *PassageMaker* magazine; Carol Cuddyer, cofounder of Sea Sense, a sailing and powerboating school for women; Dawn Riley, noted America's Cup and Whitbread sailor; Patience Wales, two-time circumnavigator and editor emeritus of *SAIL*; and thirty other cruisers. This updated edition also contains information on powerboating (including choosing between power and sail), cruising with pets, and satellite communication. "A little gem . . . packed with useful information."--Sailing "Every woman who intends to step on board for more than a day sail should read Jessie's book."--The Log Learn how to handle a cruising sailboat in as little as seven days—even if you've never sailed before! Who says you have to be an experienced daysailor before you can think about cruising? Steve and Doris Colgate know that most of us don't have that kind of time. At the Offshore Sailing School, the Colgates have helped more than 100,000 adults—three-quarters of whom started as beginning sailors or complete newcomers--take the helm of a midsize cruising sailboat. Now *Fast Track to Cruising* offers these proven instructional methods to all aspiring sailors with big dreams and little time. This is the very first guide that teaches sailing and cruising together, taking you from your first sail to independent cruising in one leap. You can make that leap in as little as seven days—as in the Colgates' "Fast Track to Cruising" course—or you can get there at a more leisurely pace. Either way, no other book will take you from your first tacking or

docking maneuver to a mastery of navigation and diesel engines as efficiently as this one. "America's most experienced sailing instructors present a thorough and easy to understand look at cruising. Leisure time is precious. Safety is paramount. The Colgates will help you maximize your time on the water."--Gary Jobson, ESPN's lead sailing analyst and editor at large for Cruising World and Sailing World "Doris and Steve Colgate understand that people want to reach their sailing goals as quickly as possible and they've built the excellent Fast Track program to accomplish it."--Bernadette Bernon, former editorial director of Cruising World magazine "Together Steve and Doris Colgate have been teaching beginners to sail for over half a century. In Fast Track to Cruising they have included every concept and procedure you need to get yourself from a want-to-be sailor to one who is knowledgeable and competent to take the helm--with confidence and a smile."--Charles Mason, Executive Editor, SAIL magazine The voyage of Carina is the real-life story of the Schrader family's three-year exploring adventure while living aboard a 40-foot sailboat. Father, mother, and four daughters travel from Alaska to Florida where they buy a sailboat with the intention of sailing it around the world. They begin as six family members, but learn to work together as Carina's crew--a team that can handle anything that comes their way--violent storms, days of boredom, sleepless nights spent putting up and taking down sails, long ocean crossings, relentless rain, sailing mishaps, triumphs, a little romance, and assorted creatures of the sea such as sharks and whales. Carina is the book for explorers who dream of sailing the seven seas. Patty tells the story from her viewpoint as one of the crew of Carina. As a teenager, she learned about herself and how she responded to the uncertainties of life, gaining confidence in her own ability, and learning to be the person she wanted to become. Not all dreams have happy endings. Sailing in Circles, Goin' Somewhere is the funny, bittersweet memoir of a Prince Edward Island man who, over seven years, builds a classic 1930s wooden sailboat and, in 2004,

attempts to circumnavigate eastern North America. The author leaves a small fishing port on the Island and tracks along the rugged coast, up the St. Lawrence River, and through the Great Lakes. Alone, he encounters heavy fog, near-collisions with freighters, mechanical breakdowns, enormous seas, several brushes with disaster, and even a hostile reception at one French-speaking port. He meets odd and curious people. It all comes to an inglorious and mundane end when the author and his boat, the Arja D., are stuck in, of all places, Peoria, Illinois. Was it worth it? Maybe. Written by Finley Martin, a respected Island fiction writer, this finely crafted and humorous book will appeal to adventurers, sailors, and lovers of a good yarn. Nautical Trivia: Volume One features more than 1,000+ Questions and Answers organized into 170 pages of nautical knowledge. Find the answers to the question on following pages. Test yourself and your crew in the cockpit or at the yacht club. As an added benefit you're likely to learn a little bit about boating. Categories include: Sailing, Navigation, The Rules of the Road, Rivers and Waterways, Nautical Terminology, Powerboating and a Potpourri catch all.

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